

### **AGENDA**

Background to the Award

Overview of the Award

**ORB** and **Next** Steps



### **Background to the Award**

"We are all better than we think... if only we could be brought to realize this, we will never be prepared to settle for anything less"

Kurt Hahn, co-Founder of the Award

To inspire and promote lifelong improvement for all young Canadians by encouraging personal development and achievement



Some history

https://www.youtube.com/watch?time\_continue=2&v=-WmI-hAshs4

## Overview of the Award

The Award is comprised of three levels, with four sections per level. Participants complete all four sections at each level in order to achieve their Award. At Gold level, participants also complete a Gold Project.



**Bronze**For those over 14 years old.



**Silver**For those over 15 years old.



**Gold**For those over 16 years old.

Intro to International Award Scheme

https://www.youtube.com/watch?v=dX09zAStCGg



Challenge yourself to be a responsible, caring member of the community

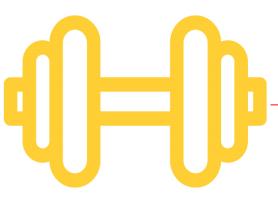




# SKILLS

Challenge yourself to improve your skills and widen your interests.





## PHYSICAL FITNESS

The Physical Recreation section of the Award encourages young people to participate in sport and other physical recreation for the improvement of health and fitness

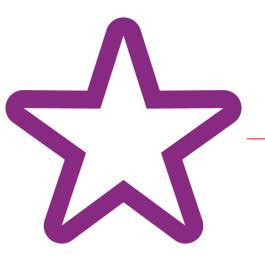




### ADVENTUROUS JOURNEY

The Adventurous Journey section encourages a sense of adventure and discovery whilst undertaking a team journey or expedition. As part of a small team, participants plan, train for and undertake a journey with a purpose in an unfamiliar environment.





## THE GOLD PROJECT

The Gold Project, completed only at Gold level, aims to broaden participants' horizons through involvement with others in a residential setting.



# LEVEL REQUIREMENTS

### The Award

#### Sections







### Service



#### Adventurous Skills Journey





Residential

#### Bronze – 6 months

One Section for 6 months and two for 3 months Adventurous Journey of 2 days/1 night Minimum age to start: 14 years old

#### Silver – up to 12 months

Sections of 6 months Non Bronze Award Holders must do one Section for 12 months Adventurous Journey of 3 days/2 nights Minimum age to start: 15 years old

#### Gold - up to 18 months

Sections of 12 months Non Silver Award holders must do one Section for 18 months Adventurous Journey of 4 days/3 nights Residential Project of 5 days/4 nights Minimum age to start: 16 years old

### PLANNING AWARD ACTIVITIES

**Activity Choices** - The Participant has the opportunity to choose their own activities within the Award framework. All activity choices will need to be approved by the Award Leader before the Participant can begin creating logs.

**Setting Goals** - The Award Leader ensures that the Participant, with the assistance of their Award Assessor sets S.M.A.R.T. goals.

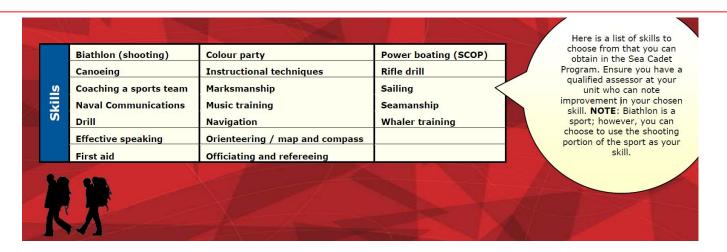
Activities do not need to be run or hosted by the Award Leader.

**NO CASH** 

NO SCHOOL CREDIT

**NO CHORES** 

### **Eligible Sea Cadet Activities**



Service can include parades, Poppy Sales and Tagging days too...

#### Cadets

https://www.youtube.com/watch?v=3FAOTAheCiE



#### Ship Deployments as Adventurous Journeys (Tall Ships, Coast Guard, HMC Ships, etc.)

It may be possible for cadets selected to participate in a ship deployment to complete their adventurous journey at the Bronze, Sliver or Gold level depending on the length of the deployment, providing you:

- Complete a practice journey and your preliminary training prior to deployment.
- Assist in meal preparation and clean up in the galley;
- Participate in general ship duties including watches, cleaning, steering, and ship maintenance.
- Create a menu, personal, and group equipment list to be submitted with your adventurous journey report.
- Submit a map and route card outlining the route the ship travelled.

### **DOING AWARD ACTIVITIES**

Once the Participant has chosen the activity they want to do, they need to start and commit to their activity through regular effort.

Participants need to...

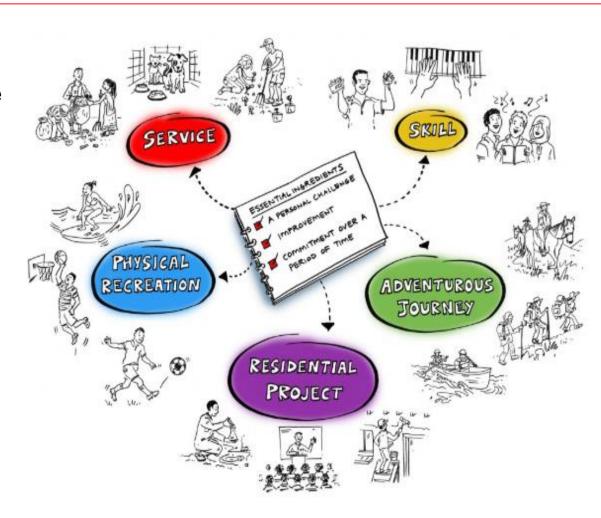
- LOG REGULARLY
- Create good, informative logs that reflect the goal
- Communicate with their Assessor on a regular basis

### REVIEWING AWARD ACTIVITIES

Award Leaders make sure that all sections have an Assessor's report.

#### **Essential Ingredients:**

- A Personal Challenge
- Improvement
- Commitment Over a Period of Time



### RECOGNITION

- Recognizing Award Recipients and presenting achievement pins and Bronze certificates in your local community
- Attending ceremonies for Silver and Gold Award Achievers from your group
- Sharing success stories and news about your Award Unit and Participants with your divisional office



### THE ONLINE RECORD BOOK

- The Online Record Book (ORB) is a website and app designed for registering, tracking, and completing the Duke of Edinburgh's International Award.
- Participants use the ORB to create goals, log hours, and submit their sections for approval.

### **ORB - DUKE OF ED ROLES**

<u>Award Leader</u> is the key contact within an Award Unit. That's me...you will need my email address to register: <u>nlloyddavies@gmail.com</u>

<u>Assessors</u> are the adults who are instructing, coaching or supervising the participant during their activities. This person should be qualified to assess and comment on your progress and efforts given for each section of the Award. Ideally, you will have a different Assessor for each activity. NOT YOUR FAMILY...NEED TO BE INDEPENDENT AND IMPARTIAL and a different Assessor for each section of the Award!



### WHAT NOW?

- Canadian website is the best place to find information https://www.dukeofed.org/
- Has a link to Ontario division
- https://www.dukeofed.org/on/division-home-
- Register as a Participant on International Award Online Record Book (ORB)
- https://www.onlinerecordbook.org/fo/
- Pay registration fee (once per level) \$50
- Award FAQ (to be posted on website)
- RCSCC Guide for eligible cadet activities

Choose your Bronze activities

https://www.youtube.com/watch?v=mbtr92yavas

## **ORB - Registration**

